



Become a Personal Trainer/AFI Personal Trainer Certification

AFI

2 Day Live Workshop

Price per Unit (piece): \$499.00

The curriculum includes: Fundamentals of Personal Training, Posture Analysis, Biomechanics, Program Design, PT Sales 101 (Prospecting, Overcoming Objections & Closing). AHA CPR/AED Instruction and Certification. The Text Book: Dynatomy, Dynamic Human Anatomy is included in the \$499.99 tuition

Anatomy and kinesiology

Fitness assessment testing procedures

Body composition screening with skin-fold calipers

Nutrition fundamentals

CPR/AED Instruction

Exercise design for in the gym and home

Prospecting, sales and marketing

[Vendor Information](#)

Customer Reviews: There are yet no reviews for this product.
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